<table>
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<th>Meeting Date</th>
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<th>Readings</th>
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2. What is Hygge (Hygge House Blog) | Reflections of happiness & life-satisfaction                                              |
2. World Happiness Report (exec summary)  
| March 27     | Denmark: History & Hygge                                             | 1. History of Denmark  
2. History Highlights  
3. Kingsley (How to be Danish)  
4. Xenophobe’s Guide  
5. How to Hygge (blog post) |                                                          |
| April 3      | In search of happiness; life-span factors (parenting, education, adulthood, aging); review our hygge domains (Hardy Hillman, 2018) | 1. Veenhoven (2015)  
2. Quality of Life Book (selected chapters)  
4. Sandahl |                                                          |
| April 10     | Guest Speakers X2                                                  | 1. Roberts (2016)  
| April 17     | CHS Study Abroad; “happy by accident” – history of cooperation.     | 1. Gawdat (Solve For Happy) – selected chapters |                                                          |
| April 24     | Hygge night                                                         | 1. Soderber (2017)  
2. Wiking (2017) Lykke  
3. Nordic Theory of Everything | Copy of flight itinerary (printed); copy of passport (printed); contact form completed (printed) |