How to locate GEMs in the *Journal of Nutrition Education*
(Note this is a 2-page guide – be sure to page down for full info)


Look below the gray Quick Search box and click on e-Journals link.

Type in the journal title needed: Journal of Nutrition Education and Behavior

Click on the “Online Access” link below the Journal of Nutrition Education and Behavior – be patient – it may load a little slowly – but it should take you directly to the Table of Contents for the CURRENT issue of the journal.

Scroll down the page and notice that the table of contents is divided up into several sections, including a section for Great Educational Material (GEM).

To search through this journal specifically for these GEMs, scroll back up to the top of the page and look for:

In the “search all fields” box type in your topic and then add “AND GEM” to the search box, for example: diabetes AND GEM

Note that GEMs are not published on all topics - - you may need to play around with your terms a bit to locate a relevant GEM.

When you look at the list of articles that come up it will not say “GEM” or indicate which of the results are actually in the Great Educational Material section. Click on the PDF below each journal title to view the first page - - GEM articles all have “GEM No. ---“ at the top of the page. Here’s a screenshot for an example of what you are looking for:
Your Guide to Diet and Diabetes: Web-based Diabetes Education Tailored to Hispanics
Summer J. Porter, MS¹; Karen M. Chapman-Novakofski, PhD, RD¹,²; Jane A. Scherer, MS²

INTRODUCTION
Diabetes is a debilitating disease that

Target Blood Glucose Levels, Eating for Cardiovascular Health, Resources and Recommended Websites, About the Au-

social norms.¹ For this reason, 24-
hour diet recalls were conducted
with Hispanic subjects who had dia-

As always – if you are having trouble locating a GEM or any other publications for this class, please contact the ISU FSHN Librarian:
  Lorrie Pellack, pellack@iastate.edu or 515-294-5569